



## FITTING INSTRUCTIONS:

Before fitting the respirator, ***carefully inspect the entire respirator*** to ensure that the respirator is not damaged and is functioning correctly. ***Discard the entire respirator if any part does not function properly.***

1. Place fingers inside the respirator. Bend the nose clip around fingers to form nose shape.
2. Holding mask in position over nose and mouth, with retaining straps around back of head.
3. Stretch and pull the upper strap over your head on the back of your head above your ears.
4. Using both hands, form nose shape around nose and adjust the tension in the upper and lower portions of the continuous loop head strap, to ensure a positive face seal.
5. Hook the bottom straps together behind your neck. Adjust strap tension to achieve a secure fit.
6. Cup both hands over the respirator and inhale sharply. A negative pressure should be felt inside respirator. If air flows around your nose, tighten the nosepiece. If air leaks around the edges, reposition the headband for better fit.
7. Change respirators immediately if breathing becomes difficult or respirator become damaged or distorted, or a proper face fit cannot be maintained. Careful observance of these instructions is an important step in safe respirator of use.

Manufacturer Address:

Fido Mask Co., Ltd  
8-5 She-Ling, Yuan-Li Town, Miao-Li County 35872, Taiwan

Produce date: YYYY/MM

Lot No. XXXXXX

(the Lot No. XXXXXX will be as same as abbreviated Label indicated, the "XXXXXX" should be printed as purchase order number )

**Contents: 10 pcs.**